

Haemophilia Patients Welfare Society Rawalpindi

Annual Report 2020



HEMOPHILIA
PATIENTS WELFARE SOCIETY
RAWALPINDI

PARTNERS IN CARE



Pakistan Bait-ul-Mal



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ABOUT US

HAEMOPHILIA PATIENTS WELFARE SOCIETY RAWALPINDI

The Haemophilia Patients Welfare Society Rawalpindi is a dynamic voluntary, non-profit philanthropic organization established in 1999 by a group of medical professionals and patients.

Mission

To establish an integrated community-based service network aimed at improving the overall health status of Patients with Inherited Bleeding Disorders by providing them with quality care and support.

Objectives

- To provide information and guidance about the disease to patients, families, care givers, public and health authorities
- Increasing the number of diagnosed patients
- Lab facilities for accurate diagnosis.
- Development of treatment guidelines & protocols
- To provide timely and adequate treatment to patients
- To provide publications about the disease
- To raise funds for the medical treatment of these patients
- To support the women and children of these families for better education and improved income

HAEMOPHILIA TREATMENT CENTRE RAWALPINDI

The Haemophilia Treatment Centre (HTC) of HPWS Rawalpindi is an outpatient facility which looks after all the medical needs of the Haemophilia community by its well-trained Medical & Nursing staff (Medical officer, nurses, and consultants). It has a comprehensive Medical Advisory Board with specialists covering all aspects of Inherited Bleeding Disorders who volunteer free services to the patients. The indoor treatment facilities are provided by a network of Haemophilia Friendly Hospitals in the twin cities of Rawalpindi & Islamabad.

Services

- Medical checkup, MO/Consultant
- Treatment (as per Policy)
- Referrals to & consultations by our Medical Advisory Board (MAB) & relevant Doctors at Haemophilia Friendly Hospitals (HFH)
- Admission in HFH's if required & provision of protocols & haemostatic cover per requirement
- 24 hour on call service for emergencies
- Emergency care per policy
- Physiotherapy sessions
- Counseling

- Training to prepare factors & infuse factors
- Awareness activities, Seminars & workshops
- Lab diagnosis
- Development of medical literature, protocols & guidelines
- Continuing Medical Education & training of doctors, nurses & paramedics
- Research



MESSAGE FROM THE PRESIDENTS HPWS



OUTGOING PRESIDENT

Dr. Munawar Sher Khan

A tumultuous year indeed for the whole world and for us too. COVID 19 changed the world and we adapted quickly.

Having handed over my duties to Dr. Lubna Zafar, Vice President of our Chapter this will be my last message as President, hence I want to thank all those who reposed their trust in me six years ago and then re-elected the same Executive Board (EB) for a second tenure. The transformative changes and achievements brought about during this time could not have been possible without the commitment of the EB and our absolutely amazing staff whose devotion to the Society is highly commendable. I would also like to express my gratitude to the World Federation of Hemophilia for their continuous support for sustainable development along with the Humanitarian Aid Agreement, Save One Life for supporting and educating needy individuals, Pakistan Centre for Philanthropy for their work in developing a documentary highlighting our work, Dr. Tahira Zafar for editing the "Haemophilia Handbook" and to all those who contributed to its development, those philanthropists' whose donations have helped the Society save lives and prevent disabilities and last but definitely not the least our treasured volunteers.

"There's only one thing more precious than our time and that's who we spend it on"

Leo Christopher



PRESIDENT

Prof Dr. Lubna Zafar

Assalam O Alaikum

I feel honored to step in as the President of this wonderful organization. I have been associated with the HPWS Rwp. right from its inception. However, as President it will be a challenging undertaking to fulfil the obligations and expectations associated with this appointment. I am confident that with the wonderful team work in vogue at HPWS Rwp, it will be achievable.

We are facing a lot of challenges. We endeavor to complete all tasks in hand and those coming up in the New Year. COVID-19 pandemic has renewed our resolve and taught us to keep changing and evolving and becoming self-sustaining and stronger than before. Like they say "when the going is tough, the tough get going".

I am sure that with the support of our hemophilia and bleeding disorders community as well as our National and International collaborators we will meet all challenges successfully.

Looking forward to a brilliant 2021.

MESSAGE FROM DIRECTOR HAEMOPHILIA TREATMENT CENTRE



Prof. Dr. Tahira Zafar

My message goes out at a time of extreme crisis the world over due to COVID pandemic. It has no doubt tested our resilience as well. I am however pleased to report that the collective strength & resolve of our staff in the face of this global adversity has led to continuation of all services, routine, emergency & lifesaving, throughout this pandemic .

The COVID guidelines, developed by our HTC were the first ones in the country. The best thing however was their excellent implementation by our staff and adherence to them by our patients. Together we have proven that we can work in the most demanding of circumstances!

We have also continued active participation in all virtual International Inherited Bleeding Disorders events and our staff has benefitted from webinars and educational activities.

We have gathered strength & inspiration from the marvelous work we have been able to do & look forward to a very productive new year

OUR STAFF

Consultants (Volunteers)



Prof. Tahira Zafar



Prof. Lubna Zafar



Dr. Nadeem Ikram



Dr. Rana Zeeshan

The Staff



Dr. Bilquis Sohail
Medical Officer
Incharge



Naveed Inderyas
Manager Finance &
Admin



Alamgir Abbasi
HTC Coordinator



Miss Ayesha
Nursing Assistant



Fayyaz Ahmad
Office Supervisor



Noreen Bibi
Receptionist



Ammar Saleem
Data Operator

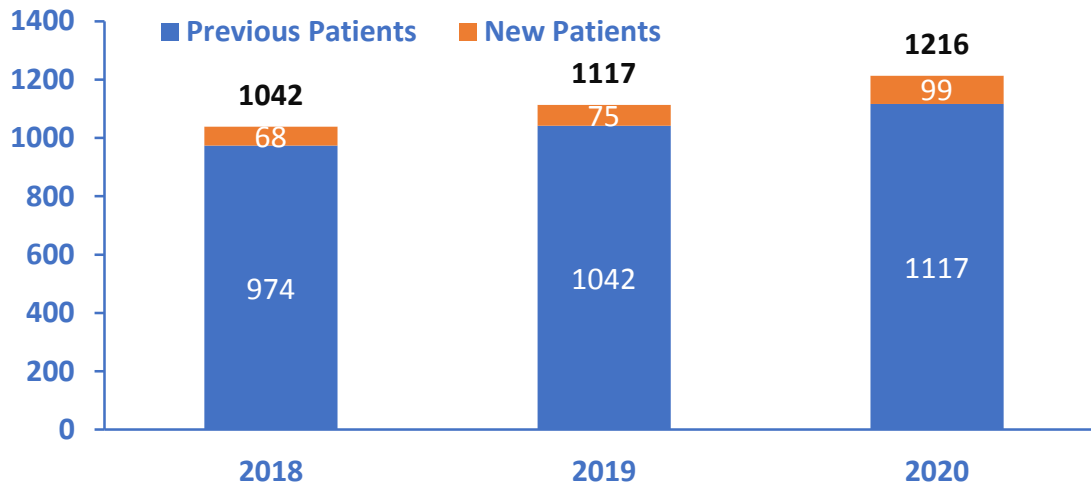
HTC DATA 1ST JAN – 31ST DEC 2020

HTC Patients

Total registered patients in 2018: 1042 (68 new registrations)

Total registered patients in 2019: 1117 (75 new registrations)

Total registered patients in 2020: 1216 (99 new registrations)

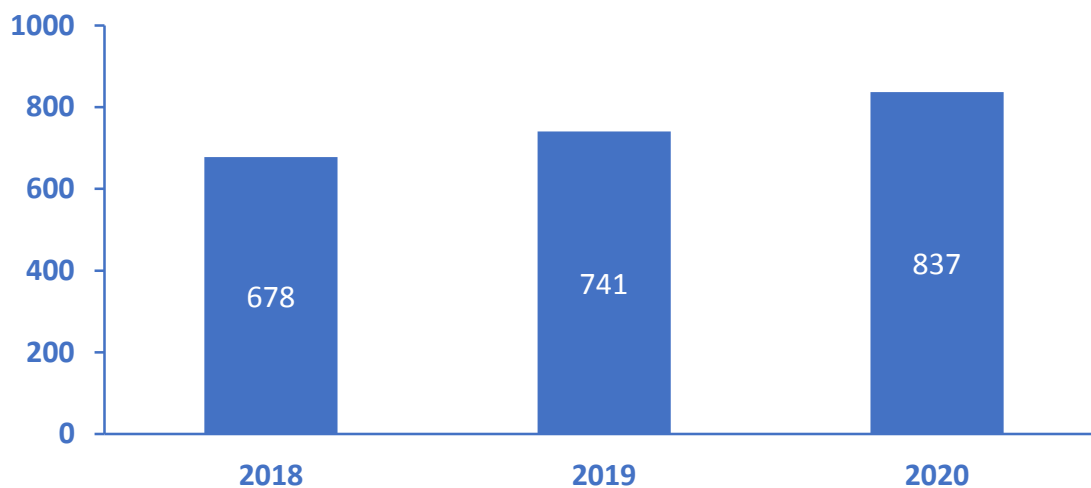


Nationally registered patient details

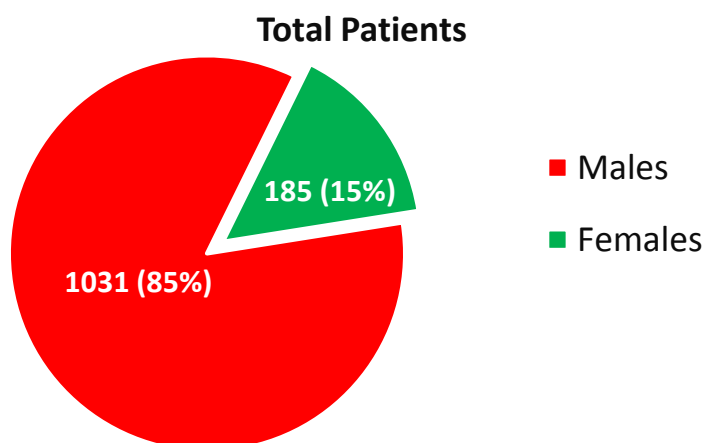
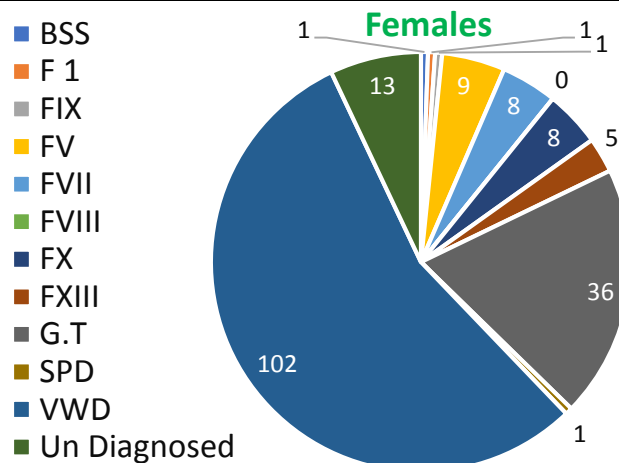
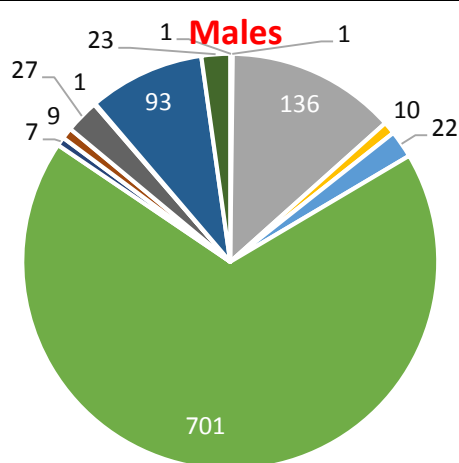
Nationally registered patients in 2018: 678

Nationally registered patients in 2019: 741

Nationally registered patients in 2020: 837

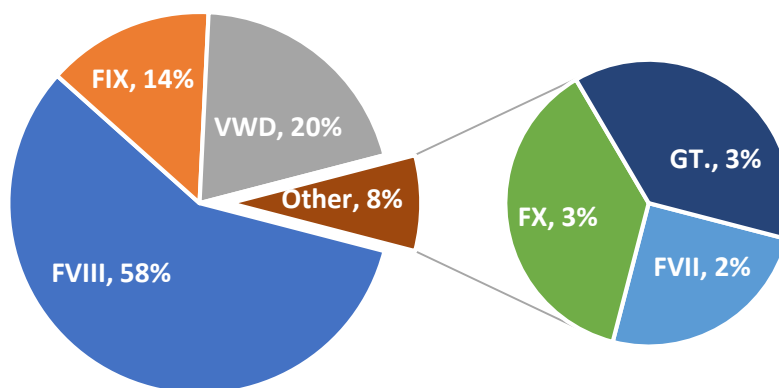


Total Patients			1216	
Males 1031			Females 185	
Sr. #	Diagnosis	Number of Patients	Diagnosis	Number of Patients
1	BSS	1	BSS	1
2	F 1	1	F1	1
3	FIX	136	FIX	1
4	FV	10	FV	9
5	FVII	22	FVII	8
6	FVIII	701	FVIII	0
7	FX	7	FX	8
8	FXIII	9	FXIII	5
9	G.T	27	G.T	36
10	SPD	1	SPD	1
11	VWD	93	VWD	102
12	Un Diagnosed	23	Un Diagnosed	13
	Total	1031	Total	185



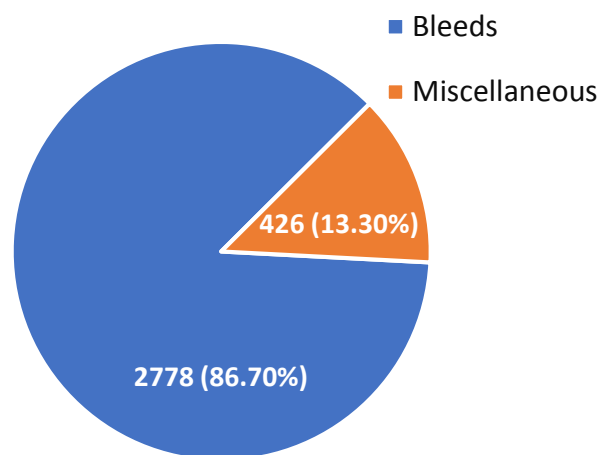
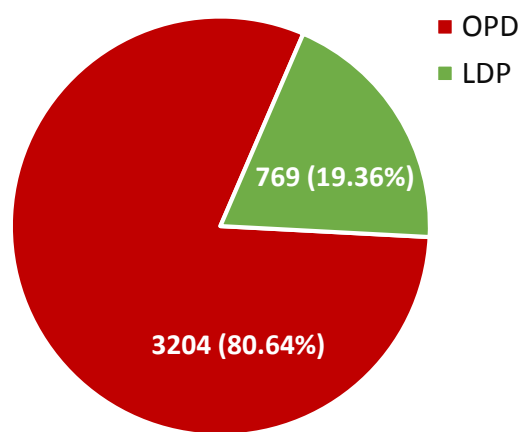
New registrations 99

FVIII		57
FIX		14
VWD		20
Others	FVII	2
	FX	3
	GT.	3



Patient Visits

Bleeds	Joints	Knee	819	1725
		Ankle	277	
		Elbow	383	
		Hip	246	
	Nose		76	
	Menorrhagia		30	
	Dental		198	
	GIT		46	
Misc.	Soft Tissue/ Muscle	514		
	ICB	15		
	Others	174		
Misc.		426		



Admissions 50

Bleeds						Operations	
Joints		GIT	ICB	Others		Ovarian Cyst	
Knee	10	7	7	Urinary	1	Orchidectomy	1
Hip	6			Dental	2	Appendectomy	2
Elbow	1			Nose	2	Fracture Femur	3
Shoulder	1			PPH	1	Polypectomy	1
				Calf	1	Craniotomy	1
				Forehead	1	Plural effusion	1
Total	18	7	7		8		10

Referrals 237

Dental	Physiotherapy	Orthopedics	Investigations
1	26	18	192

Factor Consumption

Factors	Units	Patients	Average IU per patient
FVIII (OPD)	23,35,940	391	5974
FVIII (LDP)	303,500	14	21678
FIX	385,250	62	6213
VWF	363,600	87	4179
FVII	209 mg	23	9 mg
FEIBA	23,000	04	5750

SUCCESS STORIES

Young Female with FV Deficiency

Admitted with severe abdominal pain and bleeding in stools
 Diagnosed as having **Inflammatory bowel disease**
Treated & Discharged after 15 days



Male 13 years FIX Deficiency

History of fall from roof resulting in fractures & **Intracranial bleed**
Treated with FIX concentrates according to HTC protocol
Discharged after 5 days



Female vWD

Admitted with severe lower abdominal pain. **Investigations:**
 Abdo U/S Rt. **Ovarian Cyst rupture.**
Treatment: Exploratory Laparotomy and Marsupialization of
 bilateral Ovarian Cysts under vWF cover
Discharged after 22 days



Male FVIII Deficiency

History of fall with Headache & vomiting.
Investigations: Intracranial Bleed
Treatment:
 Long acting FVIII concentrates according to HTC Protocol.
 Craniotomy was done successfully. Discharged after complete
 recovery.



Male F IX Deficiency

History of fall from height resulting in **fracture of femur.**
Treatment :
 Intramedullary elastic nailing
 long acting FIX coverage was provided per HTC protocol
Discharged after 11 days of hospitalization.



THE HTC PROJECTS

- **HCV Project in collaboration with Benazir Bhutto Hospital (BBH) Rawalpindi**
 - Patients on treatment 21
 - Treatment: Sofiget 400 mg, Mydecla 60 mg for 3 months
- **Low Dose Prophylaxis (LDP) in Haemophilia A**
 - Factor donation from WFH, Humanitarian Aid Project
 - Started on 17th April 2018 Patients 14

Dose of Factor VIII at 20 IU/kg IV weekly (Advate 250 IU & Koate 250 IU)

Patients	Dose IU	Frequency	Bleeds	
			Spon.	Traumatic
07	250	Weekly	Nil	Yes
06	250	Twice Weekly	Nil	Yes
01	750	Weekly	Yes	Synoviorthesis



LDP joint assessment by Dr. Moazzama at Physiotherapy Dept. BBH



LDP Consultation & Infusion at HTC by our MO & Haemophilia nurse

- **Training of patients & parents to prepare & infuse factors**

Majority of patients (grownups and adults) and parents are trained to prepare and infuse factors. It facilitates home infusions / emergency cover for factors.

Training is provided by HTC Nursing staff.

Factor Preparation 92%

Factor Infusion 50%

Factor Infusion Training 95%



- **Hifazat e Najam Treatment Support Project**

Hifazat e Najam Project helps those Persons with Inherited Bleeding Disorders (PWBD), registered with the HPWS Rwp who cannot afford to pay for factors

Beneficiaries 29



- **Hifazat e Jan Saving lives Project**
Helps in treating patients with life threatening bleeding with no donated factors & patients unable to purchase factors themselves
- **WBDR Project**
Development of software for Standardized data collection and analysis with International Collaboration



HTC staff with OliveCliq team, working on software development

ACTIVITY REPORTS

Dr Saad Jamshed from Mary M Gooley Hemophillia Center Rochester, USA visits HTC Rawalpindi

Dr. Saad Jamshed MD, Associate Head of Haematology / Medical Oncology from Rochester Regional Health, USA visited the HTC HPWS Rwp on 20 Feb 2020 with a view to developing close liaison between the 2 center was discussed. The emphasis on joint health, physiotherapy and Synoviorthesis were highlighted. He offered help and guidance in all clinical & organizational data as well as help with research & publications.



Dr. Tahira Zafar represented Pakistan at this global summit discussing the challenges Pakistani Women & girls with inherited bleeding disorders face

WFH Global Summit on
women & girls
 with inherited bleeding disorders

Stigmatization & breaking through barriers



Dr Tahira Zafar

Director
Haemophilia Treatment Center
HPWS Rawalpindi
Pakistan



World Federation of Hemophilia (WFH) Virtual Summit, 14th to 19th June 2020, a great event to bring the global bleeding disorder community together

The Haemophilia Care Physicians (HCP’s) at Haemophilia Treatment Centre (HTC) of HPWS Rawalpindi, participate actively in the World Federation of Hemophilia (WFH) virtual Summit



Prof. Tahira Zafar
Director HTC D

Prof. Lubna Zafar
Director HTC

Dr Bilquis Sohail
MO Incharge HTC

Dr. Rana Zeeshan
Consultant HTC

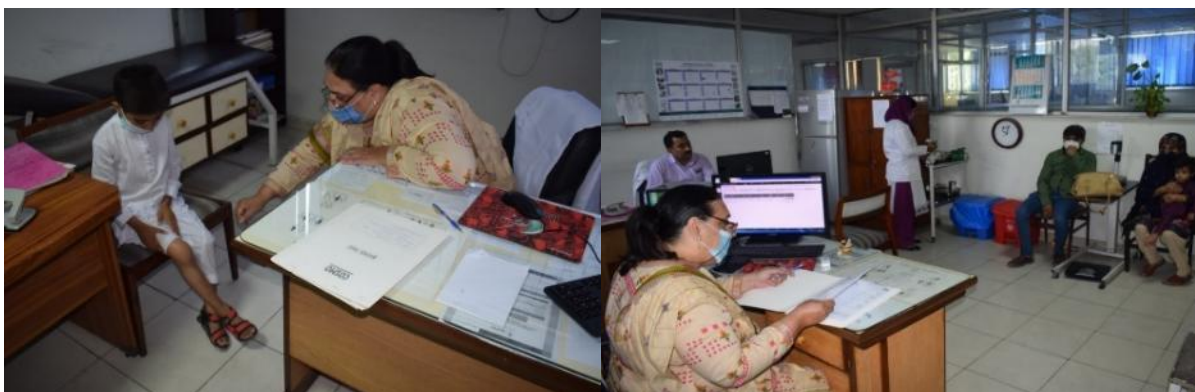
Dr. Nadeem Ikram
Consultant HTC

HPWS Rwp rises to COVID 19 challenge, continuing to work, beating the pandemic

The HTC has remained open due to the commitment of the staff to continue to work & provide lifesaving services to the haemophilia community



The most important challenge, right from the start of the COVID pandemic, was to keep the HTC open for treatment and safety of patients & staff . This delicate balance was achieved by the dedication of our staff to implement the preventive measures and by cooperation of our patients to adhere to it



Examination, at a distance working with social distancing

HTC Rwp representation at WFH Forum, Master trainers for the regional training webinar



AWARDS

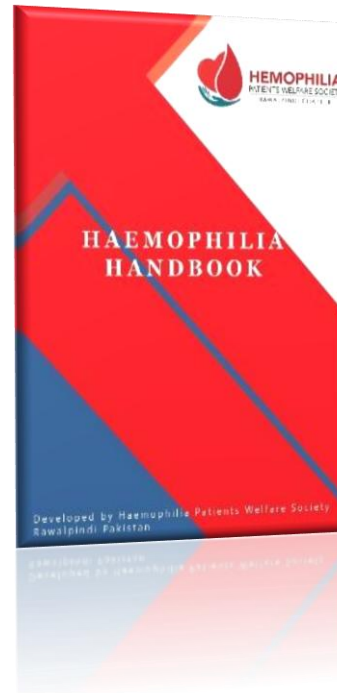
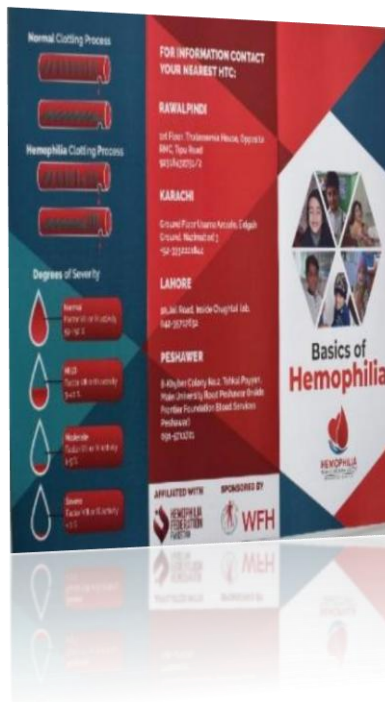
WBDR Research Support Program Award for software development for uniform & standardised patient data entry

WBDR Data excellence award



PUBLICATIONS

- Brochures for Haemophilia Patients
- HTC Management booklet
- COVID 19 guidelines for HTC's
- Haemophilia Handbook for care givers



HPWS & HTC STAFF MEETINGS

- HPWS Meetings 12
- HTC Meetings 24



HPWS, Rwp & HTC Staff Meetings



12 Executive Board Meetings Online and Personal in Covid-19 Situation

HPWS RAWALPINDI ACTIVITIES

Collaboration with Mary M Gooly Hemophilia Centre, Rochester, USA

Dr Saad Jamshed MD Associate Head of Hematology/Medical Oncology from Rochester Regional Health, USA Visited the HTC HPWS Rwp on 20th Feb, 2020



Capacity Building of Youth and Women Group, HPWS, Rwp

Youth and Women Meeting on 29th Feb, 2020



Development Grant Project

Awareness session at Karachi Chapter on 02nd Mar, 2020



REACHING OUT

Registration of New Patients at HPWS, Rwp from Faisalabad (Hilal-e-Ahmar) on 13th Mar, 2020



World Hemophilia Day & Save One Life Fund Distribution on 17th April, 2020 in Covid-19 days

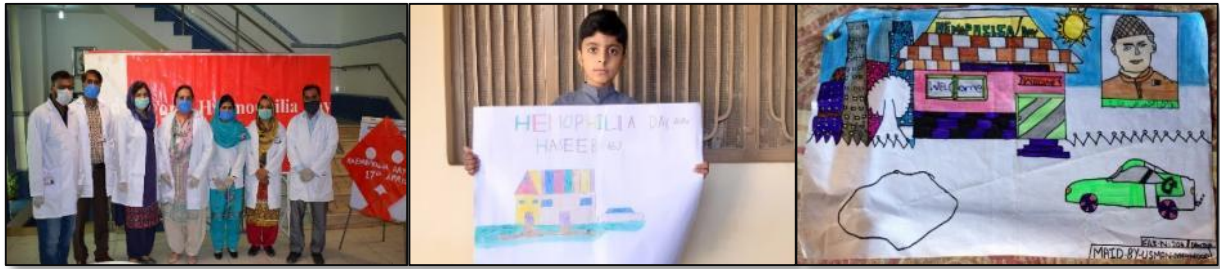


Save One Life Funds Distribution in Covid-19 situation,

World Haemophilia Day Celebration 17th April, 2020 at HPWS, Rwp



April 17, is World Haemophilia Day (WHD), a very important day for HPWS, Rwp and the whole Bleeding Disorders Community. In spite of COVID pandemic the WHD was celebrated, though virtual



Celebration of Pakistan Independence Day at Society 14th Aug, 202



A Dengue Awareness Program at HPWS in collaboration with Social Welfare Department



Mr. Raja Imran from Social Welfare Department and HPWS, Rwp Staff

Save One Life Funds Distribution on 17th Dec



Successful Venture in collaboration with Save One Life (MEG)



Samina Bibi opened up a grocery store with SOL support in April 2020. Times had been pretty tough with the pandemic-imposed lockdown.

To make matters worse, her husband who was a tractor driver had also been jobless for more than five months. Determined to fight poverty, she felt she needed to do something to supplement her income and decided that it was the right time to start a business. 'Running a business proved a little difficult at first because I had no knowledge of the financial aspect', she recalls. There was also a big general store in her neighborhood and she wasn't sure about

the response her humble effort would get. However, her hard work and dedication paid off and there was a consistent line of customers at her shop!

Samina says 'It has not been easy getting a business going but I guess I was lucky to have assistance at the right time'

She goes on to say 'Setting up my own business has boosted my self-esteem. To have gotten this far in these tough times is something I'm very proud of!'

Farewell to Dr. Munawar Sher Khan



Member of young Lawyers forum, High Court Islamabad visited HPWS RWP.



Group of Lawyers (Adv. Usman Butt, Khawar Nawaz, Nafees Khan and Ali Waqas) offered their Free services as & when required by HPWS, Rwp

Launch of Hemlibra, an innovative treatment for Haemophilia with donation from HAP of WFH



Staff taking COVID-19 Challenge head on!



VISITORS' GALLERY

Mr. Masood Farid (President HFP)



Mr. Ali (Evaluation Team PCP)



Dia Welfare Organization Sialkot Team



General Parvez Ahmad (Member BOG)



Zamarud Khan (Member BOG HPWS RWP & MD Pak Sweet Home)



Mr. Anjum Rafiq (Member BOG)



**Mr. Ahmad Nadeem, HPWS Rwp
Documentary**



ROUTINE ACTIVITIES AT HPWS, RWP



BOARD OF GOVERNORS



Maj. GEN. Pervaiz Ahmad



Dr. Mansoor Jan



Dr. Riaz Malik



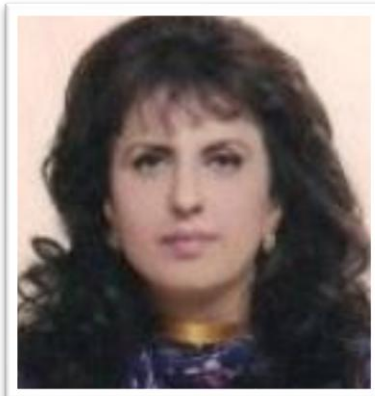
Prof. Dr Asif Zafar Malik



Mrs. Fahmeda Jan



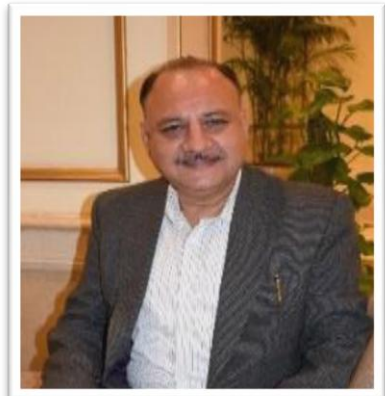
Mrs. Shama Riaz Malik



Mrs. Samina Manzar



Mr. Zamurrud Khan



Mr. Anjum Rafique Malik



Dr Fazale Hadi

EXECUTIVE BOARD MEMBERS



Dr Munawar Sher Khan



Prof Dr Lubna Zafar



Mr Fazal Qayyum Sawal



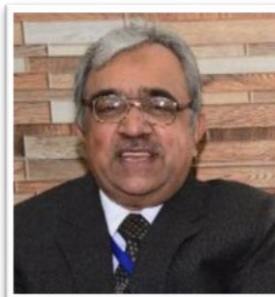
Mr Atta Muhamad



Mr Khawar Yasin



Ms Rabia Saleem



Dr Nadeem Ikram



Dr Tahira Zafar



Dr Sarah Zafar



Mr Hassan Raza



Mr Ali Raza Marchal



Ms Abira Maheen



Ms Fouzia Parveen



Mr Shahzaib Malik



Mr Uzair Hussain

MEDICAL ADVISORY BOARD (MAB)



Dr Tahira Zafar



Prof. Dr. Lubna Zafar



Dr. Nadeem Ikram



Prof. Riaz Ahmad



Dr. Irum Naeem



Dr Khalid Aslam



Dr. Qasim Ali



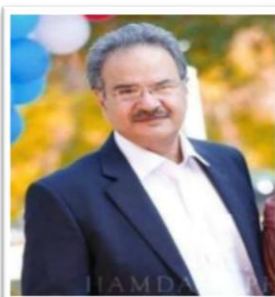
Dr. Farkhanda Nazli



Dr Ayesha Fareed



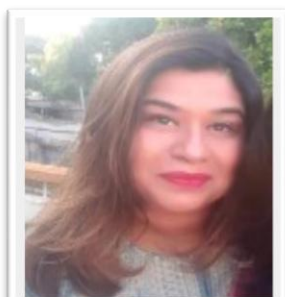
Dr. Nauman



Prof. Naeem Zia



Dr. Humaira Bilquis



Dr Sarah Zafar



Dr Zahida Ahmed

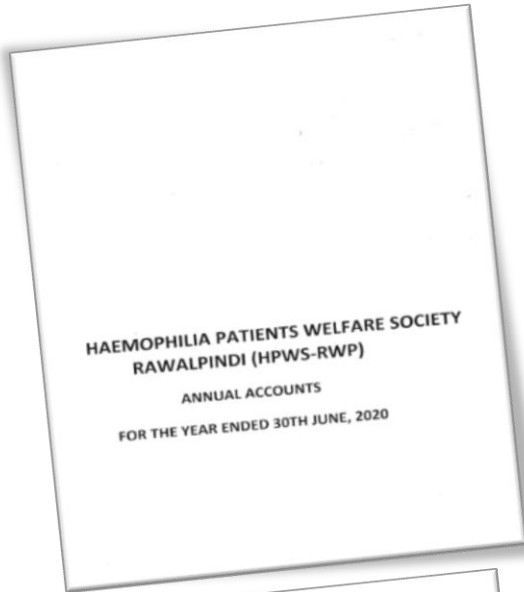
THANK YOU FOR YOUR DONATIONS, YEAR 2020

- Alpha Evolution Enterprises
- Brig Naeem Akhtar khan
- Col Syed Qamar-ul-Islam
- Dr. Anwar Gul
- Dr. Ayesha Junaid
- Dr. Hanif Malik
- Dr. Imran
- Dr. Lubna Zafar
- Dr. Mammon
- Dr. Mansoor Jan & Fahmida
- Dr. Mariam Khawaja
- Dr. Munawar Sher Khan
- Dr. Nusrat Sharif
- Dr. Nadeem Ikram
- Dr. Qurat-ul-ain asim
- Dr. Riffat Iftikhar
- Dr. Rizwan Iqbal
- Dr. Sadia Mazhar
- Dr. Safia Akram
- Dr. Sarwat Mian
- Dr. Sarah Zafar
- Dr. Sohaib Khan Wazir
- Dr. Tahira Zafar
- Mr. Arif-ul-Islam
- Mr. Ashiq Hussain Bokhari
- Mr. Bilal Awan
- Mr. Ehsan Qadir & Nasim
- Mr. Farrukh Hamdani
- Mr. Mehmood Jan & Shahida
- Mr. Naeem Akhtar (Danayal bin Naeem)
- Mr. Naeem Akhtar and Mrs. Rubina Naeem
- Mr. Nasim Iftikhar
- Mr. Nisar
- Mr. Osman Sharif
- Mr. Rehmat Nawaz
- Mr. Shahzad & Parveen
- Mr. Sheikh Shakir
- Mr. Sheraz Ahmed
- Mr. Sohail Anjum
- Mr. Shazaib Malik
- Mr. Usman Akram
- Sarhad Woollen Mills
- Mrs. Fakhra Mumtaz
- Mrs. Farhat Hamdani
- Mrs. Farhat Tasneem
- Mrs. Farheen Afridi
- Mrs. Farrukh Hayat khan
- Mrs. Huma Iftikhar
- Mrs. Leena Azmat
- Mrs. Lubna Durani
- Mrs. Lubna Mazhar
- Mrs. Qamar Abbasi
- Mrs. Rehana Bhutto
- Mrs. Sana Farooq
- Mrs. Shaheen Saleem
- Mrs. Shama Sikandar
- Mrs. Tabasum Tanveer
- Mrs. Tayeba Salman
- Mrs. Zahra Bilal
- Mrs. Zara Hamdani
- Mrs. Zuhra Wahid khan
- Mr. Faheem Ahmed Khan
- Mr. Fayyaz Ahmed
- Ms. Abdara Umer Moeen
- Ms. Abeera Maheen
- Ms. Anmol Fatima
- Ms. Beenish Malik
- Ms. Farheen Afridi
- Ms. Fozia Parveen
- Ms. Kanwal Usman
- Ms. Maria Mustafa
- Ms. Maria Tufail
- Ms. Mariam Osman
- Ms. Nazia Mushtaq
- Ms. Noshaba Khawar
- Ms. Sana Farooq
- Ms. Shanza Sohail
- Ms. Zahra Hamdani
- OAKS Rawalpindi
- Mr. Atta Muhammad
- Mr. Ahmed Raza
- Mr. Tahir Javid
- Ms. Uzma Azam
- WBDR

LIST OF ABBREVIATIONS

Abdo US	Abdominal Ultra Sound	IU	International Units
BOG	Board of Governors	IV	Intravenous
BSS	Bernard Soulier Syndrome	LDP	Low Dose Prophylaxis
EB	Executive Board	MAB	Medical Advisory Board
F I	Coagulation Factor I	MD	Managing Director
FIX	Coagulation Factor 9	MEG	Mini Enterprises Grant
FV	Coagulation Factor 5	MO	Medical Officer
FVII	Coagulation Factor 7	OPD	Out Patients Department
FVIII	Coagulation Factor 8	PCP	Pakistan Center for Philanthropy
FX	Coagulation Factor 10	PWBD	Persons With Bleeding Disorders
GIT	Gastrointestinal Tract	SOL	Save One Life
HCP	Haemophilia Care Physician	SPD	Storage Pool Disorder
HCV	Hepatitis C Virus	vWD	von Willebrand Disease
HFH	Haemophilia Friendly Hospitals	vWF	von Williebrand Factor
HFP	Haemophilia Foundation of Pakistan	WBDR	World Bleeding Disorders Registry
HTC	Haemophilia Treatment Centre	WFH	World Federation of Haemophilia
ICB	Intracranial Bleed	WHD	World Haemophilia Day

HPWS, RWP AUDIT REPORT 2019-2020



**HAEMOPHILIA PATIENTS WELFARE SOCIETY RWP
STATEMENT OF INCOME AND EXPENDITURE
FOR THE YEAR ENDED 30TH JUNE, 2020**

	2020	2019
	Rspees	Rspees
INCOME	4,618,188	5,307,668
General donation	-	728,811
Grant From (SOL)	549,200	1,967,500
Grant From (WFO)	3,844,300	3,318,700
Factor sale	1,285,550	1,186,600
Membership fee	235,000	41,281
Other income	6,959,218	13,097,955
Gain/(loss) on investment		
EXPENDITURES	2,504,914	1,716,083
Salaries, wages and benefits	27,310	175,416
Traveling and conveyance	195,149	5,249
Office supplies	12,824	135,480
Printing and delivery	64,486	8,720
Repair and maintenance	4,001	900,000
Bank charges	1,296,900	25,000
Rent, rates and taxes	150,247	125,155
Legal and professional charges	64,919	62,920
Utilities	208,267	131,080
Telephone & Internet	135,090	107,923
Annual Subscription	2,567,934	911,008
Depreciation	64,781	47,252
Project Expenses (SOL, WFO)	-	412,252
House hold expenses	3,965,665	3,809,922
Representation Expenses	11,347,093	8,311,963
Cost of factor	(1,387,820)	4,765,932
Surplus/(Deficit) for the year		

The annual notes form an integral part of these financial statements






OUR COMMITTED AND DEDICATED STAFF MEMBERS

HPWS Rawalpindi, a dynamic Society, taking Haemophilia care to another level

HPWS Rwp provides professional advice and Medical Assistance to the Haemophilia community. It collaborates closely with Haemophilia Foundation of Pakistan and World Foundation of Haemophilia

Our Contact

: 92(051) 8432751/2

: <https://hpwsrwp.org.pk>

: 1st Floor Thalassemia House, Tipu Road, Rawalpindi